

**NEW LEADERSHIP PROGRAM – LAUNCHED IN 2016!****Positivity Leadership: Becoming a Transformational Leader****Synopsis**

We are constantly challenged to grow our business, increase productivity, and improve quality. We have streamlined processes. We have restructured. If you are like most people, burning the candle at both ends or just feeling worn out from juggling too many obligations, you probably had thoughts such as “Why do I keep overreacting to such little things,” or even “Is this all there is to life?” What we need is more resilience – the ability to persevere and adapt when things go awry. Everyone needs resilience, because one thing is certain, life includes adversities. But resiliency is not about adversities or crisis but how to maintain positivity and the power to progress! It is about transformation, enabling higher productivity, and indeed, leading with a difference!

An organization seeks to recharge itself and meet the future; there is clearly a vital role and a critical need for leaders to become a *positivity leader* – *one who can make things happens rather than letting things happen*. Positivity leaders are those who take up the challenge of revitalizing or re-creating their organizations and are committed to self-renewal.

*Positivity Leadership uses a unique skill known as Resiliency Quotient (RQ), which is the process by which people adapt to changes, and a mind-set that enables you to seek out new experiences and to view your life as living in progress*. It confers the confidence to take on new responsibilities, to seek experiences that will challenge you to learn more about yourself and connect more deeply with others.

**Program Outline**

## Positive Adaptation to an Ever-Changing Economy

- The World Today
- Understanding Resiliency
- Resiliency and Business Revivals

## Positivity Leadership: Five Disciplines to Mastering RQ

- 1<sup>st</sup> Discipline: Strategic Resilience Execution
  - Three Common Drains on Productivity
  - Shake Up the Status Quo
  - Leading in Uncertain Times
- 2<sup>nd</sup> Discipline: Initiate & Influence Your Thinking & Perceptions
  - Understanding Systems Thinking
  - Putting It in Perspective Technique
  - Power of E-A-R Model
- 3<sup>rd</sup> Discipline: Bouncing Back
  - Cultivating an Empowered Environment
  - Encourage Change Hardiness
  - Applying the Law of Reciprocity



Program Outline (cont.)

- 4<sup>th</sup> Discipline: Staying in 'Optimism' Zone
  - Power of Planning
  - Set Habits; Not Just Goals
  - Understanding Pygmalion Effect
  - Celebrate Your Daily Success
  
- 5<sup>th</sup> Discipline: Renewal and Sustainability
  - Six Stage Process for Sustainability for the Future
  - Four Action Sustainability Framework

*"When we lost our peace, we lose our joy. When we lost our joy, we lost the power to progress."*

Peter Ng

**Who Will Benefit Most From This Program?**

This program is highly recommended for managers, executives and supervisors, whose job requires them to help transform the organization, to lead and inspire employees, and to achieve the results desired with positive adaption to the ever-changing economy.

**Duration and Methodology**

This 2-day program uses the combination of Resiliency Quotient profiling, practical tips, growth-work reflection, story-telling methodology, situational leadership case studies, and group discussions to relate to the whole learning concepts and experience.